

*"Do the thing and you will have the power. But they that do not the thing, had not the power."*  
- Ralph Waldo Emerson

# GOALS

CREATE YOUR LIFE  
COURAGE TO BE HAPPY

Week of: \_\_\_\_\_



My TWO **SPECIFIC** Goals This Week:

- 1) \_\_\_\_\_  
\_\_\_\_\_
- 2) \_\_\_\_\_  
\_\_\_\_\_

© chicvegan.com 2010

# GOALS

CREATE YOUR LIFE  
COURAGE TO BE HAPPY

Week of: \_\_\_\_\_



My TWO **SPECIFIC** Goals This Week:

- 1) \_\_\_\_\_  
\_\_\_\_\_
- 2) \_\_\_\_\_  
\_\_\_\_\_

© chicvegan.com 2010

# GOALS

CREATE YOUR LIFE  
COURAGE TO BE HAPPY

Week of: \_\_\_\_\_



My TWO **SPECIFIC** Goals This Week:

- 1) \_\_\_\_\_  
\_\_\_\_\_
- 2) \_\_\_\_\_  
\_\_\_\_\_

© chicvegan.com 2010

# GOALS

CREATE YOUR LIFE  
COURAGE TO BE HAPPY

Week of: \_\_\_\_\_



My TWO **SPECIFIC** Goals This Week:

- 1) \_\_\_\_\_  
\_\_\_\_\_
- 2) \_\_\_\_\_  
\_\_\_\_\_

© chicvegan.com 2010